

GROWING GREAT KIDS

Brought to you by Step-By-Step & KSCS Parenting Program

A Parenting Education & Support Program for Parents of Children between the ages of 1 and 6 years

Wednesday Evenings from 5:00 p.m. to 7:00 p.m.
for 6 weeks from January 18, 2012 to February 22, 2012
at Step By Step Child and Family Center

What is Growing Great Kids?

There are no perfect parents, or perfect children or perfect people. We can only do our best, and we all need help once in a while.

Each week a new topic is covered, including:

Body: learning normal growth, staying healthy and recognizing illness.

Safety: information on accident prevention and first aid.

Mind: learning the social, emotional and intellectual developmental of children.

Behavior: offers problem-solving methods for handling common behavior problems.

Parents: looking at ways parents can learn how to meet their own needs as well as those of their spouses/partners and children.

Feelings: exploring how children express feelings and how parents can respond to their children's needs.

Information booklets are given to parents that provide accurate, up to date information on children's health, safety, development and behavior.

An additional booklet is available on:

Fathers: concerns of being a new father, the importance of being a father, his role, and how to manage stress and anger.

Join us Wednesday evenings for informative discussions, great meals and to have some fun!

Free, on-site childcare is available during the sessions.

Transportation available: if needed.

Space is Limited!

To register, contact Colleen Jacobs at 450-632-7603

or Mary Gilbert or Terry McComber at 450-638-0408